

## The Angelus & Prayers for During the Day



### A Morning Offering:

O my God, I offer you all my thoughts, words, actions, and sufferings; and I beseech you to give me your grace that I may not offend you this day but may faithfully serve You and do Your holy will in all things.

I entrust myself completely to your boundless mercy today and always.

Most Sacred Heart of Jesus, I place all my trust in You.  
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### During the Day: The Angelus

**V.** The Angel of the Lord declared to Mary  
**R.** And she conceived of the Holy Spirit.

**Hail Mary ....**

**V.** Behold a handmaid of the Lord:  
**R.** Be it done to me according to Your Word.

**Hail Mary ...**

**V.** And the Word was made flesh:

**R.** And dwelt among us. (Kneel)

**Hail Mary ...**

**V.** Pray for us, O Holy Mother of God:

**R.** That we may be made worthy of the promises of Christ.

**Let us Pray:**

Pour forth we beseech you, O Lord,  
your grace into our hearts,  
that we, to whom the Incarnation of Christ, Your Son,  
was made known by the message of an angel,  
may by His passion and cross + be brought  
to the glory of His resurrection,  
through Christ our Lord.

**Amen.**

**On Going to Bed:**

Into Your hands, O Lord, I commend My spirit:  
Lord Jesus, receive my soul.  
In the name of our Lord Jesus Christ crucified,  
I lay me down to rest. Bless me,  
O Lord, and defend me;  
preserve me from a sudden and unprovided death  
and from all dangers and bring me to life everlasting with You.

**Amen**

**Thanks be to God**